



EVENT CALENDAR



APRIL
2026



Age 50+

Mid-Carolina Senior Games

DATE	EVENT	TIME	LOCATION
MONDAY, <u>APRIL 6</u>	5K Run 1500 M Power Walk 100 Meter Dash 400 Meter Dash 50 Meter Dash 200 Meter Dash	9:00 AM 10:00 AM 10:30 AM 10:45 AM 11:15 AM 11:30 AM	Overhills High school
TUESDAY, <u>APRIL 7</u>	800 M Run 5K Power Walk (3.1 miles) 1500 Meter Run (1 mile)	9:00 AM 9:30 AM 10:45 AM	Overhills High school
WEDNESDAY, <u>APRIL 8</u> *CELEBRATION OF THE GAMES* 40 YEARS	Registration Opens <i>Torch Lighting Ceremony</i> SilverStriders Fun Walk (1 mile), Standing & Running Long Jump, Basketball Shooting, Shot Put, Discus, Softball Throw, Football Throw Health and Fitness Fair	7:30 AM 9:00 AM <u>9:30 AM to 11:00 AM</u> 9:30 AM to 1130 AM	METHODIST UNIVERSITY <i>Monarch Stadium</i>
THURSDAY, <u>APRIL 9</u>	Pickleball- Singles Table Tennis - (Singles, Doubles*, Mixed Doubles*)	9:00 AM 2:00 PM	TJ Robinson Center Tokay Senior Fitness Center
SATURDAY, <u>APRIL 11 & 18</u>	Softball Tournament	9:00 AM	Lamon Street Park
MONDAY, <u>APRIL 13</u>	Cycling 1 Mile/Recumbent/Trike Cycling 5K/Recumbent/Trike Cycling 10K/Recumbent/Trike	9:00 AM 10:00 AM 10:30 AM	CCCC Emergency Services Training Center 3000 Airport Rd, Sanford, NC 27330
TUESDAY, <u>APRIL 14</u>	Tennis – (Singles, Doubles* and Mixed Doubles*) Swimming	9:00 AM 2:00 PM	The Courts at Glenville Lakes (730 filter plant road) Cumberland Co YMCA
WEDNESDAY, <u>APRIL 15</u>	Billiards Badminton (Singles, Doubles*, Mixed Doubles*) Basketball Tournament	9:00 AM 1:30 PM 6:00 PM	Senior Center East TJ Robinson Center Methodist University
THURSDAY, <u>APRIL 16</u>	Pickleball- Mixed Doubles Cornhole	9:00 AM 9:00 AM	G. B. Myers Recreation Center Boone Trail Community Center
MONDAY, <u>APRIL 20</u>	Disc Golf Golf	9:00 AM 9:00 AM	Arnette Park Disc Golf Course Kings Grant Golf Club
TUESDAY, <u>APRIL 21</u>	Bowling- Mixed Doubles	12:00 PM	B & B Lanes, Fayetteville
WEDNESDAY, <u>APRIL 22</u>	Horseshoes	9:00 AM	Arnette Park
THURSDAY, <u>APRIL 23</u> 	SilverArts Display <i>SilverArts Performance & Cheerleader Showcase</i>	1:00-2:00 PM 2:00 PM	John D. Fuller Sr. Recreational Complex
FRIDAY, <u>APRIL 24</u>	Mini Golf	9:00 AM	Dormy's Sweet Spot Mini Golf, Erwin
MONDAY, <u>APRIL 27</u>	Pickleball- Doubles	9:00 AM	G. B. Myers Recreation Center
TUESDAY, <u>APRIL 28</u>	Bowling- Singles	12:00 PM	B & B Lanes, Fayetteville
THURSDAY, <u>APRIL 30</u>	Bowling- Doubles	1:00 PM	B & B Lanes, Fayetteville