



MCRC Weekly Newsletter May 25, 2023

Notable Notes From the Region

-Harnett County Garners National Recognition: Harnett County was recently announced as a recipient of the 2023 Achievement Award for Compatibility Regulations from the National Association of Counties (NACo) for its innovative and effective county government programs. Specifically, the award highlighted the County's Development Services and how it has strengthened programs for its citizens in the past. Requirements implemented by the County's Development Services include zoning districts, land use classes, minimum lot sizes, and open space requirements, all of which have ensured that developers preserve open space and incorporate certain amenities throughout the County. Harnett County Development Services will officially receive the award at the NACo Achievement Awards Luncheon in Travis, Texas on July 23. Congratulations, and keep up the good work!

-Special Olympics Torch Run: This week, the Dunn and Erwin Police Departments hosted their inaugural Law Enforcement Torch Run, called "PD to PD for SONC" in support of Special Olympics North Carolina. The torch run started at the Erwin Police Department, and they carried the Special Olympics torch to the Dunn Police Department. Joining members of the two Police Departments were also officers from the State Highway Patrol, members from Fayetteville State University, and Dunn Parks & Recreation. The event is designed to bring awareness and fundraise money for the tens of thousands of Special Olympics athletes throughout the state. If you would like more information on the event, or have interest in donating to the North Carolina Special Olympics, please contact Dunn Police Sgt. K. Moore at 919-902-6566.

-Multiple Upcoming Memorial Day Celebrations: With this upcoming Memorial Day Weekend, many local governments within Cumberland, Harnett and Sampson

Counties will be holding various celebrations in honor of Memorial Day. If you would like to attend any of the commemoration events, be sure to check out your local government website, or any local publication regarding the time, location, and any other details or information about the event.



Office Closure

The Mid-Carolina Regional Council office will be closed this Monday, May 29th in observance of Memorial Day. We would like to thank those who gave the ultimate sacrifice defending our country and give our deepest thanks to all current and former servicemembers and their families. Our office will be opened for business next on Tuesday, May 30th.



Updated Guidelines for Debt Applications

The Local Government Commission (LGC) of the North Carolina Department of State Treasurer has updated its guidelines for the review and approval of debt applications for any local government looking to issue debt. The LGC created a [blogpost](#) detailing the updated guidelines, as well as a [resource page](#) that has other posts related to the LGC approval of debt. For more information on local debt management [click here](#).



NC Senior Tar Heel Legislature Members Needed for Sampson and Harnett Counties

The Mid-Carolina region is in need of two alternates for the North Carolina Senior Tar Heel Legislature (NCSTHL). Sampson and Harnett counties require more alternate members to the legislature in order to comprise of a full delegation from the region. The NCSTHL is for all state residents aged 60 and up. Members of the NCSTHL are volunteers from all walks of life. Some are retired, some still work. They commit to educate themselves about how the state's aging services and funding streams work, evaluate the effectiveness of the distribution network, measure the impact of current policies and processes, and act to propose legislation that addresses the problems. To inquire about appointment as a NCSTHL delegate or alternate, contact Tracy Honeycutt, thoneycutt@mccog.org, or 910-323- 4191 x27. The Wake County Shrine Club hosted the March 2023 Senior Tar Heel Legislature earlier this year, for more information on the event, please [click here](#).

Upcoming COG Events

Wednesday, May 31: Gentle Yoga, Every Wednesday 3:00 PM-4:00 PM, Mid-Carolina Regional Council, 6205 Raeford Rd., Fayetteville, NC 28304. Gentle Yoga is appropriate for all levels of experience but is particularly accessible to anyone new to the practice of yoga. Event is free but registration is required, to register, please contact Barbara White, 910-323-4191, ext. 28, or at bwhite@mccog.org. For more information on the event, [click here](#).

Thursday, June 1: Aging Advisory Council and Senior Tar Heel Legislature Meeting, 2:00 PM, Mid-Carolina Regional Council, 6205 Raeford Rd., Fayetteville, NC 28304.

Wednesday, June 7: Harnett County Elder Abuse Awareness Vendor Fair, 10:00 AM-2:00 PM, 309 W. Cornelius Harnett Blvd, Lillington, NC 27546. Join us for fun, fellowship and education! First 40 attendees get a free hot dog lunch basket. For more information contact LeAnn Blackmon at 910-893-7578, or by [clicking here](#).

Wednesday, June 7: Gentle Yoga, Every Wednesday 3:00 PM-4:00 PM, Mid-Carolina Regional Council, 6205 Raeford Rd., Fayetteville, NC 28304. Gentle Yoga is appropriate for all levels of experience but is particularly accessible to anyone new to the practice of yoga. Event is free but registration is required, to register, please contact Barbara White, 910-323-4191, ext. 28, or at bwhite@mccog.org. For more information on the event, [click here](#).

Thursday, June 8: Bingosize, Mondays and Thursdays 10:00 AM-11:00 AM, Bill Crisp Senior Center, 7560 Raeford Rd., Fayetteville, NC 28304. View event flyer by [clicking here](#).

Thursday, June 8: Transform the Way You Care: Free Caregiver Virtual Reality Experiences, Held every second Thursday of the month all day through appointment only, Mid-Carolina Regional Council, 6205 Raeford Rd., Fayetteville, NC 28304. Participants will receive a 2-year certification in CPR and First-Aid. All participants must register for the event by contacting Carla Smith at 910-323-4191, ext. 23 or Barbara White at 910-323-4191, ext. 28, bwhite@mccog.org. For more information, [click here](#).

Monday, June 12: Bingosize, Mondays and Thursdays 10:00 AM-11:00 AM, Bill Crisp Senior Center, 7560 Raeford Rd., Fayetteville, NC 28304. View event flyer by [clicking here](#).

Wednesday, June 14: Gentle Yoga, Every Wednesday 3:00 PM-4:00 PM, Mid-Carolina Regional Council, 6205 Raeford Rd., Fayetteville, NC 28304. Gentle Yoga is appropriate for all levels of experience but is particularly accessible to anyone new to the practice of yoga. Event is free but registration is required, to register, please contact Barbara White, 910-323-4191, ext. 28, or at bwhite@mccog.org. For more information on the event, [click here](#).

Thursday, June 15: Bingosize, Mondays and Thursdays 10:00 AM-11:00 AM, Bill

Crisp Senior Center, 7560 Raeford Rd., Fayetteville, NC 28304. View event flyer by [clicking here](#).

Thursday, June 15: Family Caregivers Bingo, 11:00 AM-12:00 PM every third Thursday of the month, Mid-Carolina Regional Council, 6205 Raeford Rd., Fayetteville, NC 28304. For more information, [click here](#).

Thursday, June 15: Cumberland County Caregiver Support Group, held every third Thursday of the month 12:00 PM-1:30 PM, Mid-Carolina Regional Council 6205 Raeford Road Fayetteville, NC 28304. The Family Caregiver Education and Support Group provides a supportive and educational environment to enhance the caregiver & family understanding of Alzheimer's & Demential or related cognitive impairments. Please RSVP to Barbara A. White, 910-323-4191, ext. 28, bwhite@mccog.org or to Carla Smith, 910-323-4191, ext. 23, csmith@mccog.org. To view the flyer for the event, please [click here](#).

Thursday, June 15: Sampson County Caregiver's Academy "Helping Those Who Help Others", Grandparents Support Group at 11:00am, Information Sharing and Activities at 1:00pm, Basic Computer Class at 2:30pm, 307 East Main St., Clinton, NC 28328. Registration is required. For more information, please contact bwhite@mccog.org or pmclymore@mccog.org.



UNC School of Government Worthwhile Reads

COVID-19 Is No Longer "Reportable" in North Carolina: Implications for Minor's Consent
(Published 5/12/23) Read [here](#).

Excusing Board Members from Voting on the Budget
(Published 6/19/17) Read [here](#).

Build-To-Rent Communities and Local Regulations in North Carolina
(Published 5/4/22) Read [here](#).



About Us

Mid-Carolina Council of Governments is a multi-county, planning, development, and human services organization. We reach across county and municipal borders to provide technical assistance to our local governments and to administer programs that benefit our region's citizens. Our mission is to provide creative regional solutions to relevant and emerging issues in Cumberland, Harnett, and Sampson Counties while providing a standard of excellence in the delivery of federal, state, and regional services for our local governments and the people they serve.

Mid-Carolina Council of Governments | 6205 Raeford Road, Fayetteville, NC 28304
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