

• HANDLING INCONTINENCE AND UTI's • UNDERSTANDING ALZHEIMER'S AND DEMENTIA THE GEMS APPROACH

COMMUNITY ENRICHMENT SESSION

Handling Incontinence and UTI's.....A TV ad, actress June Allyson is holding up a package of Depends (the adult diaper). She is promoting their wonderful product, but does she mention that she uses them? No, she talks about her mother needing them. Even if she did use them, do you think she would admit it? Believe it or not, around 15 million American suffer from Urinary Incontinence (UI), which is loss of bladder control. Few of these people will seek help. Instead they will go to great lengths to hide their condition, not wanting anyone to find out about it. The objectives of this session are to:

- *Describe the different types of incontinence
- *Discuss the symptoms of incontinence and urinary infections
- *Discuss ways to prevent incontinence and UTI's
- *List and discuss the illnesses and conditions that can contribute to incontinence
- *Discuss at least 6 ways that you can help incontinent clients in their everyday lives

Understanding Alzheimer's and Dementia the GEMS Approach: The purpose of this training is to give caregivers specific tools to build a successful relationship with clients/people who have Alzheimer's or dementia. After completing this training, caregivers will have the basic knowledge needed to be effective when working with a client, while also being aware of their responsibilities and rights in that role. GEMS places an emphasis on what the client can do, not what they cannot, it focuses on the whole person, not just care, and will give proven techniques that will result in better communication between the caregiver and client.

When: March 12, 2012

Where: Bellamy Center, Royal Lane Park

500 Pierce Street, Clinton, NC 28328

Time: 9:00 a.m.—12:00 p.m.

Workshop is FREE and open to the public

Registration is required

Register by calling Tracy Davis, Regional Long-Term Care Ombudsman at (910) 323-4191 x 27

by March 7, 2012

Training is in conjunction with:

Sampson County Department on Aging, Family Caregiver Support Program

Mid-Carolina Area Agency on Aging, Ombudsman Program

CEUs will be available

Refreshments provide by:

